

**Mandy Crary
2019 In the Mud Nomination
Lodi Valley Chapter**



The "In the Mud" award is given to IATA member volunteers who display dedication to the mission and goals of the IATA and a willingness to roll up their sleeves on behalf of the Ice Age Trail. An In the Mud recipient:

- *Consistently shows up at workdays and dives into the dirty work**
- *Makes significant efforts to establish the Ice Age Trail**
- *Epitomizes the bedrock volunteer spirit responsible for building Trail**

Mandy Crary likes to do her volunteering out of the limelight - She gives her time because she believes in the Ice Age Trail and what it represents, not to receive recognition.

For the past few years, Mandy has cheerfully been our chapter secretary, attending most meetings and providing an accurate record of our activities. She has taken a leadership role in planning and carrying out our annual National Trails Day Fun Run & Hike. She also works with another volunteer to organize monthly Trail runs, capitalizing on the expanding interest in trail running. In addition, Mandy has led full moon hikes and assisted with our First Day Hike. She recently took on the task of updating chapter events on the IATA website.

Mandy has the incredible capacity to attract large crowds to Trail events. She spreads her enthusiasm to others, recruiting them to volunteer as well. Mandy goes beyond volunteering locally and has offered her "Be Free, Be Strong, Be Brave" presence at some of the very popular Trailtessa events organized by the Alliance.

Mandy includes the Trail in her family life as well, taking them out for hikes on a regular basis. She has encouraged her children to volunteer since they were quite young, helping ignite the next generation of Trail enthusiasts! We are fortunate to have Mandy in our midst. She definitely deserves the In the Mud award!