

The Ice Age Trail was my first through-hike, and it was a great starting trail! Relatively populated and flat, yet not afraid to put you in the middle of nowhere for a few days. Easily my favorite section of the trail was going through central and eastern Wisconsin, the trails were beautiful, well groomed, and very temperate. I did struggle somewhat in the Northern sections though. Whether it was the season or the environment, insects were everywhere! I would go through a can of bug spray a week trying to get through the clouds of mosquitos. Still, the northwoods were beautiful, and wildlife was everywhere.

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