

Hiker Lingo

WHAT'S A THRU-HIKER?

A thru-hiker is a person who hikes the entire Ice Age Trail in one, continuous adventure. This goal can take months to complete! Thru-hikers around the world have a special language they share. See if you can guess the correct definition of each unique word used by thru-hikers. Then find the correct answers on page 28. *Will you start using hiker lingo while you're out on the Trail?*

HIKER MIDNIGHT means _____.

ZERO means _____.

NOBO means _____.

SOBO means _____.

TRAIL ANGEL means _____.

LNT means _____.

COWBOY CAMPING means _____.

THRU-HIKER NICKNAMES

Thru-hikers use nicknames on the Trail. These nicknames are referred to as Trail Names. If you could pick, what would your Trail Name be? Write it in the box below.



Trail Tidbit

In 2018, Annie 'Blaze' Weiss smashed the record for the fastest thru-hike on the Ice Age Trail. She completed the hike in 21 days, 18 hours and 7 minutes.

ANSWERS: HIKER MIDNIGHT means going to bed at 9 pm. ZERO means hiking zero miles. NOBO means northbound. SOBO means southbound. TRAIL ANGEL means someone who helps thru-hikers on the trail by giving them food, water, or other supplies. LNT means Leave No Trace. COWBOY CAMPING means sleeping outside without a tent.