

Release and Indemnification Agreement

The people named on this registration form wish to participate in the Hiking Award Program sponsored by the Central Moraines Chapter of the Ice Age Trail Alliance, Inc. The Alliance and its officers and directors and the Program sponsors, volunteers, and chapter officers and members (collectively, the "Alliance") wish to ensure to the fullest extent possible that they are not sued or held liable for injuries or damages sustained by participants or those participating in the Program. I make this release and agreement on my behalf of anyone else who would be able to sue if I were injured while participating in the Program.

I agree and acknowledge as follows (1) Participation carries with it some risk of serious injury. The risks include but are not limited to those caused by over-exertion, vehicular traffic, the weather, facilities, equipment, the Alliance and other participants; (2) I assume all risk of participating in the Program; (3) I understand the Alliance is relying upon the agreements and representations I make on this form; (4) I release the Alliance from any and all claims, including negligence claims and claims relating to personal injury of property arising out of my participation in the Program except I do not release reckless or intentional tort claims; (5) I agree to indemnify the Alliance if I or anyone else brings a claim against the Alliance for injuries I receive due to my participating in the Program. ("Indemnify" means to reimburse the Alliance for any amounts they have to pay and expenses/fees they incur due to an injury claim relating to me); (6) I have read this document and understand it.

If I am under age 18, my parent or guardian is signing on my behalf, and my parent or guardian also agrees to indemnify the Alliance if I, or anyone else, brings a claim against the Alliance due to injuries I receive due to my participating in the Program. With knowledge of the risks involved and the rights I give up, I waive the rights I might otherwise have and I freely sign this document.

WAIVER SIGNATURE REQUIRED

PARTICIPANT'S SIGNATURE

COMPANION'S NAME (PRINTED)

COMPANION'S NAME (SIGNATURE)

PARENT/GUARDIAN'S SIGNATURE

DATE

ver 07-21

Highlights of the Central Moraines segments

The glacial deposits in Marathon County vary in age and time periods. The eastern part of the county was the only portion covered by the Green Bay Lobe, where it abutted the Langlade Lobe. The Ice Age Trail follows parts of the Hancock and Almond Moraines before dipping into the previously glaciated landscape. The main feature of the trail west of the moraines is its walk along the Eau Claire River and the Dells of the Eau Claire.

The Plover River segment includes hardwood and cedar forests, lowlands and spring ponds along the Plover River, a Class I trout stream that has a naturally sustaining trout population. Watch for mossy boulders and bright green ferns, a variety of wild flowers, deep kettles, a stone hole and boulder train.

The Dells of the Eau Claire segment, through the Dells of the Eau Claire County Park (featuring a 65-foot deep gorge with water cascading into a series of pools formed along the rock ledges) follows the Eau Claire River and provides many scenic overlooks. The segment crosses 30 feet above the river on the Dells High Bridge, which was built by the CCC in the 1930s. It continues southwest along the river bank and eventually encounters Sandberg Island, the boundary of the park. Just south of the park boundary, steps lead down to the river. This is where the trail crosses the 45th parallel, halfway between the equator and the north pole.

The Thornapple Creek segment starts with a 1-mile connecting route west along CTH Z then south on Thornapple Creek Road. After departing Thornapple Creek Road, cross Thornapple Creek and emerge from a wooded area. Moderate size erratics are strewn off the edge of the path among spring blooming trilliums. This segment ends at CTH N and Helf Road.

The Ringle segment traverses the terminal moraine of the Green Bay Lobe and prominently features kettles, erratics, and perched ponds. The segment crosses varied terrain including hemlock bogs as well as areas covered with wildflowers or blackberries in season. Recently reimagined sections of the segment feature numerous bridges, boardwalks, rock water crossings and native stone stairways. After crossing Poplar Lane the segment continues southwards until it joins the Mountain Bay State Trail. It ends in Hatley at the kiosk on Curtis Ave.

For additional details, check out the Ice Age Trail Guidebook at www.iceagetrail.org/store.

Meandering the Central Moraines

A Hiking Award Program in



Marathon County

Central Moraines Chapter Segments:

- Plover River
- Dells of the Eau Claire
- Thornapple Creek
- Ringle

The Ice Age Trail Alliance (IATA) is a volunteer and member-based organization that builds, maintains and promotes the Ice Age Trail. Your registration fee goes to the IATA's Central Moraines Chapter, a group of volunteers who maintain the Trail through Marathon County.

For more information, visit: www.iceagetrail.org

Sign up for **Central Moraines Meanderers**, the hiking program that rewards you for hiking the Marathon County segments of the Ice Age National Scenic Trail. **Challenge yourself to walk 42.8 miles of Ice Age Trail (IAT) in Marathon County (all 20 IAT trail miles and 22.8 miles of connecting routes or alternative Marathon County trails / roadways).** As incentive, the Central Moraines Chapter of the Ice Age Trail Alliance has developed a program that records your progress and rewards your completion.



How the program works:

1. Complete the registration and waiver portions of this form, remove it from the brochure, and send it with your registration fee to the address shown. Retain the hiking log.
2. Upon receiving form and payment, you'll receive maps and descriptions of the segments to help plan your hikes (including parking areas).
3. Track your progress on the Hiking Log. When you're finished, mail or email completed log to:

Buddy Watford
317 N. 7th Ave
Wausau, WI 54401

4. The Chapter will record your name in the **Central Moraines Meanderers** register and send you a Certificate of Achievement and an embroidered patch.

Questions?

Call: Buddy Watford
 715-842-9653
 Email: bwatford6613@aol.com

*My **Central Moraines** Hiking Log*

 Name

 Address

 City State Zip

Segment (north to south)	Miles (approx.)	Date Hiked
Plover River: HH to Hy 52	2.8	
Plover River: Hy 52 to Sportsman Dr	3.1	
CR**: Plover River to Eau Claire Dells	3.5	
Dells of the Eau Claire (Sportsman's to CTH Z)	2.6	
Thornapple Creek CTH Z to Helf Road (1.0 CR, 3.0 trail)	4.0	
Ringle: Helf to Molebrook	1.9	
Ringle: Molebrook to Hoot Owl (CR)	0.3	
Ringle: Hoot Owl to Poplar Lane	3.1	
Ringle: Poplar Lane to Hatley	3.2	
CR**: Hatley to Rice Lake Preserve	4.0	
CR**: Rice Lake Preserve to Plover River Road*	0.6	
CR**: Plover River Rd to Mission Lake Rd	3.6	
CR**: Mission Lake Rd to Hy 153 and CR I	4.1	
CR**: CR I from Hy 153 to CR C	3.5	
CR**: CR I from Hy C to Lost Road	2.5	
Total Trail Segments	20.0	
Total Connecting Roads**	22.8	
Grand Total	42.8	

* Off-road trail segment anticipated in the future.
 ** You may substitute hikes of equal or greater distance on alternative **Marathon County** trails or roadways for the CRs.

Registration Form

IATA Member \$10.00
 Non-member \$12.00
 *Companion(s) to Above** \$ 6.00
 Additional Contribution \$_____

***A companion is eligible for an award, but must hike with a registered participant, sharing maps and all other mailings.

 First Last Age***

 Address

 City State Zip

 Phone

 Email Address

****This helps us learn more about Ice Age Trail users and how we may better serve their needs and recreation patterns.

REQUIRED: PLEASE READ AND SIGN WAIVER ON REVERSE SIDE

Make checks payable to:
Central Moraines Chapter, IATA

Send registration form with check to:
 Buddy Watford
 317 N. 7th Ave.
 Wausau, WI 54401