There are countless stops hikers can make along the thousand-mile Ice Age National Scenic Trail. Ice Age Trail Alliance supporters have created a set of itineraries taking in the best spots for relaxation, education and enjoyment in all four seasons.

Some itineraries take place in state parks, and will require a state park sticker to park. Along the Trail, shuttles back to your vehicle may be arranged through the local Ice Age Trail Alliance chapter.

Prior to using the Ice Age Trail it is recommended hikers visit iceagetrail.org for current trail conditions, to connect with local volunteers, to join the online conversation and find out how to support the Ice Age Trail Alliance. Trail explorers may want to pick up a copy of the Ice Age Trail Guidebook and Ice Age Trail Atlas for more detailed information.

The Ice Age Trail Alliance loves to hear from hikers. When you finish your trip please let us know how it went! Share your trail story at iceagetrail.org/share-trail-story/. Happy Trails!

DAY 1:

POINT BEACH SEGMENT

Hike
Feel like walking barefoot along the sandy shores of Lake Michigan? The Point Beach Segment of the Ice Age Trail is the place to do it. Start at the north end of Point Beach State Forest and walk over sand dunes created by wave activity. After passing the Rawley Point Lighthouse and crossing Molash Creek, follow the trail to the shores of Lake Michigan.

Lunch
Get a taste of local fare at Port Sandy, just outside of Point Beach State Park. If the weather’s good, take your meal outside and enjoy the dunes.

Attraction
Visit the Washington House History Museum located directly on the trail in Two Rivers, an Ice Age Trail Community. The ice cream sundae was invented here in 1881 so don’t forget to treat yourself to one while you’re here. Then, learn about historic fishing techniques at the Rogers Street Fishing Village.

Dinner
Have a meal with international flair at Kurtz’s Pub and Deli in Two Rivers. Make sure you try their authentic German dishes.

Lodging
Spend the night at the Historic Red Forest Bed and Breakfast on Lake Michigan’s Shores.
DAY 2:

DUNES & MANITOWOC

Hike
From Two Rivers head toward Manitowoc, another Ice Age Trail Community. You’ll encounter more dunes today as you traverse Woodland Dunes State Natural Area. From here, the Ice Age Trail joins the paved Mariners Trail as it parallels Lake Michigan. Stop and smell the roses at West of the Lake Gardens, too!

Lunch
Grab something tasty to eat at Maretti’s Deli.

Attraction
The Wisconsin Maritime Museum is located at the confluence of the Manitowoc River and Lake Michigan. Visitors can tour a WWII submarine, and explore fantastic interactive exhibits on the maritime history of Wisconsin and the Great Lakes.

DINNER
You be the judge and rate a meal at the Courthouse Pub in downtown Manitowoc.

Lodging
Stay just off the trail at the Westport Bed and Breakfast.

DAY 3:

LABUDEE CREEK SEGMENT

Hike
The LaBudde Creek Segment is 3.5 miles long with a short connecting road walk on a quiet road. This segment features wetland, prairie, rolling hills and glacial meltwater channels. What else could a hiker ask for? Take your binoculars and look for a wide variety of game and songbirds.

Lunch
Get a bite at the cozy Off the Rail Café in Elkhart Lake. Be sure to snag a cupcake for the afternoon.

Attraction
Visit Road America in Elkhart Lake and take a course on riding a motorcycle. As the premier cycle training facility in the United States, Road America will teach you how to ride that new Harley.

Dinner
Treat the family to a classy meal at Lola’s on the Lake in Elkhart Lake. Enjoy fine wines and culinary delights from a recognized group of chefs.

Lodging
The Ice Age Trail Alliance’s Inn Style program features three bed and breakfasts in the Plymouth area. Visit iceagetrail.org to find the one that fits you best.

DID YOU KNOW?
There are IATA volunteer opportunities for people of most ages and abilities.
DAY 4:

**PARNELL ESKER**

**Hike**
Start at the Parnell Observation Tower just south of Greenbush on CTH-U. Hike south to the Parnell Esker, a four-mile long esker, which ranges from five to 30 feet in height and runs southwest/northeast. Stay on the main trail or explore a number of loops found within the park area.

**Lunch**
Pack a trail lunch and enjoy looking out at Butler Lake, or head to the Exchange Bank Coffee House for a bite in one of Sheboygan County’s landmark buildings.

**Attraction**
Visit the Old Wade House in Greenbush, a 1860s New England-style stagecoach inn that served travelers of the Civil War era.

**Dinner**
Have dinner at Fudgienuckles Family Bar and Grill Pub in Glenbeulah. Try something from their smokehouse for a real treat!

**Lodging**
The Ice Age Trail Alliance’s Inn Style program features three bed and breakfasts in the Plymouth area: Inn on Hillwind, Spring Tulip Cottage, and Tauschek’s B&B. Visit iceagetrail.org/camping/iat-inn-style for more info.

DAY 5:

**KEWASKUM & THE MILWAUKEE RIVER**

**Hike**
The Kewaskum area has a rich Native American history. The word Kewaskum means “crooked river” in Algonquin, the language of the Potawatomi who once inhabited the area. This hike is a great way to get a taste of the glacial landscape of the Kettle Moraine. It includes elevated boardwalk over wetlands, dense woods and a tunnel.

**Lunch**
Have lunch at The Coffee Corner in Kewaskum for everything from freshly made soups to baked goods made from scratch.

**Attraction**
Visit the Museum of Wisconsin Art located at 205 Veterans Ave. in West Bend to see works by Wisconsin artists such as Georgia O’Keefe.