There are countless stops hikers can make along the thousand-mile Ice Age National Scenic Trail. Ice Age Trail Alliance supporters have created a set of itineraries taking in the best spots for relaxation, education and enjoyment in all four seasons.

Some itineraries take place in state parks, and will require a state park sticker to park. Along the Trail, shuttles back to your vehicle may be arranged through the local Ice Age Trail Alliance chapter.

Prior to using the Ice Age Trail it is recommended hikers visit iceagetrail.org for current trail conditions, to connect with local volunteers, to join the online conversation and find out how to support the Ice Age Trail Alliance. Trail explorers may want to pick up a copy of the Ice Age Trail Guidebook and Ice Age Trail Atlas for more detailed information.

The Ice Age Trail Alliance loves to hear from hikers. When you finish your trip please let us know how it went! Share your trail story at iceagetrail.org/share-trail-story/. Happy Trails!

**DAY 1:**

**ST. CROIX FALLS**

Hike the trail loop at Ray Zillmer Park, named for the Ice Age Trail’s earliest champion. Then, hike north along the St. Croix National Scenic Riverway and see exposed basalt rock, which was formed from ancient volcanic activity.

**Lunch**
Head to Luck for lunch at Café Wren. Be sure to try the bacon jelly!

**Attraction**
Visit Interstate Park and hike the Ice Age Trail’s western terminus. Check out the city’s historical society, or stop at the St. Croix Falls public library and take part in a wide range of family friendly activities.

**Dinner**
Enjoy a taste of India at the Vegetarian Café in downtown St. Croix Falls, an Ice Age Trail Community.

Stay at The Luck Country Inn located just northeast of St. Croix Falls.

**DID YOU KNOW?**
Each National Scenic Trail has its own color for official trail markers, called blazes. Ours is a Yellow blaze.
DAY 2:

STRAIGHT LAKE (LUCK, WI AREA)

Hike
Walk through one of the finest examples of a tunnel channel on the Trail. Created when a river coursed under the ice sheet, this glacial feature created a space for water to collect thus creating Straight and Rainbow Lakes. Visit the Trail’s Straight Lake segment and enjoy a recent addition to the Wisconsin Park System.

Lunch
Visit Café Wren in Luck for soup, salad, or sandwiches. Try the Ice Age Trail themed coffees.

Attraction
Visit The Pioneer at Balsam Lake and learn about what it was like to go to school in a one-room schoolhouse.

Dinner
Treat the family to dinner at Flying Pie Pizza in Luck.

Lodging
Head to the The Luck Country Inn for a good night’s rest.

DAY 3:

MACKENZIE CREEK

Hike
You’ll hike through steep and hilly topography of the Mackenzie Creek State Wildlife Area. Feeling warm? Dip your toes in the serene, spring-fed Mackenzie Lake, a prime example of the result of the way the last glacial epoch shaped the landscape.

Lunch
Take a tasty trip to the past when you have lunch at Jimmy’s Drive-In in Frederic, WI.

Attraction
Visit the Luck Library and Historical Museum to learn about life in Luck, WI, including its reign as the “Yo-Yo Capital of the World.”

Dinner
Enjoy a classic supper club meal at the Indianhead Supper Club in Balsam Lake. Be sure to make time to visit the nearby Native American burial mounds and learn the long history of the area.

Lodging
Spend the night at Luck Country Inn.