FAMILY FRIEND

There are countless stops hikers can make along the thousand-mile Ice Age National Scenic Trail. Ice Age Trail Alliance supporters have created a set of itineraries taking in the best spots for relaxation, education and enjoyment in all four seasons.

Some itineraries take place in state parks, and will require a state park sticker to park. Along the Trail, shuttles back to your vehicle may be arranged through the local Ice Age Trail Alliance chapter.

Prior to using the Ice Age Trail it is recommended hikers visit iceagetrail.org for current trail conditions, to connect with local volunteers, to join the online conversation and find out how to support the Ice Age Trail Alliance. Trail explorers may want to pick up a copy of the Ice Age Trail Guidebook and Ice Age Trail Atlas for more detailed information.

The Ice Age Trail Alliance loves to hear from hikers. When you finish your trip please let us know how it went! Share your trail story at iceagetrail.org/share-trail-story/. Happy Trails!





DAY 1:

STORRS LAKE

Hike

The 950-acre Storrs Lake State Wildlife Area is home to a rich brocade of old oak trees, tall prairie grasses, dry kettles, wildflowers, and lakes teeming with northern pike, walleye and sunfish. This segment of the Ice Age Trail is rich with history. On July 1, 1832 a young Abraham Lincoln camped beside the lake as one of 4,500 soldiers in pursuit of Sauk Chief Black Hawk.



Lunch

Stop at the charming B's Coffee & More for a delicious lunch.

Attraction

Visit the Milton House Museum, one of twelve Underground Railroad National Historic Landmarks, located directly on the Ice Age Trail. You can tour a tunnel that was used to transport fugitive slaves to safety.

Dinner

Enjoy a tasty meal at the Milwaukee Grill at 2601 Morse Street in Janesville. This restaurant is known for their excellent fish fry.

Lodging

Stay at the Baymont Inn and Suites near Rotary Gardens in Janesville.



FAMILY FRIFNDLY

DAY 2:

DEVIL'S STAIRCASE

Hike

Park at Riverside Park in Janesville and follow the Trail along the Rock River. Take note of the carbonate calcareous rock faces, home to cliff-dwelling plants. As you walk, keep an eye out for remnants of construction work done by the Civilian Conservation Corps in the 1930s. When you pass by a golf course you'll be in the Arbor Ridge Segment's bedrock hills.

Lunch

Get your midday meal at the Citrus Café.

Attraction

Visit the Rotary Gardens in Janesville and find inspiration for a garden of your own. The Rotary Gardens is located right on the Trail and has a lovely gift shop.



Dinner

Grab a Chicago-style dog at Steve's Deli Doghouse located just across the Rock River from Riverside Park.

Lodging

Head back to the Baymont Inn and Suites in Janesville.

DAY 3:

MONTICELLO SEGMENT & STEWART TUNNEL

Hike

The Monticello Segment overlaps the Sugar River State Trail and the Badger State Trial for 6.5 miles. It begins at the Monticello Old Train Depot and continues to CTH-W in Green County. This stretch includes the must-see Stewart Tunnel. Completed in 1887, the 1,260-foot long train tunnel was blasted through limestone. Hiking through the cool, damp, and dark tunnel is quite an experience. Make sure you have a flashlight handy!

Lunch

Have a scoop or two of ice cream with lunch at Kennedy's Ice Cream and Grill in New Glarus.

Attraction

While in New Glarus, visit the Chalet of the Golden Fleece, or the Swiss Historical Village to get a glimpse of the past.

Dinner

Have dinner at the New Glarus Hotel and Restaurant.



Lodging

When you're through with dinner, spend the night at the New Glarus Hotel and Restaurant.



FAMILY FRIFNDLY

DAY 4:

MONTROSE SEGMENT

Hike

The Montrose Segment runs 7.4 miles through woodlands and agricultural fields. You'll see exposed bedrock outcroppings as you hike. Take a moment to rest and take in the view at the overlook of the glacial outwash plain to the Sugar River watershed and city of Belleville.

Lunch

Have lunch at the Corner Café in Belleville.



DAY 5:

VERONA SEGMENT & PRAIRIE MORAINE

Hike

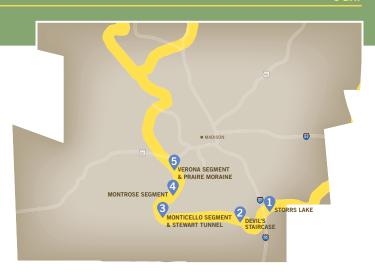
Hike the Ice Age Trail's Verona Segment to stretch your legs before you head back home. This section of Trail covers some of the most amazing prairie in the state.

Lunch

Try the Sow's Ear on Main Street in Verona for paninis made with locally sourced ingredients, fresh coffee, and comfy places for your family to gather.

Attraction

Head to Madison to take a tour of the state capitol, which was built on a drumlin. While you're there, walk down Martin Luther King Blvd. to visit the Monona Terrace, originally conceived by Frank Lloyd Wright. Cross King Street to the Department of Natural Resources and see the stone sculpture, Wisconsiana. The statue marks the location of the Peck cabin, the first building in Madison. This family home served as a hotel for the men who built the capital.



Attraction

Go to UW Space Place for a glimpse into another galaxy, and visit Babcock Hall for some of the best ice cream you'll ever taste. Stop by the geology museum to see a life-size T-Rex and glow in the dark rocks!

Dinner

Travel on Nesbitt Road to Quivey's Grove for a fish fry. Eat in the stables for a more casual meal.

Lodging

Stay at Country Inn and Suites outside of Madison on Nesbitt Road.

