FAMILY FRIEND

There are countless stops hikers can make along the thousand-mile Ice Age National Scenic Trail. Ice Age Trail Alliance supporters have created a set of itineraries taking in the best spots for relaxation, education and enjoyment in all four seasons.

Some itineraries take place in state parks, and will require a state park sticker to park. Along the Trail, shuttles back to your vehicle may be arranged through the local Ice Age Trail Alliance chapter.

Prior to using the Ice Age Trail it is recommended hikers visit iceagetrail.org for current trail conditions, to connect with local volunteers, to join the online conversation and find out how to support the Ice Age Trail Alliance. Trail explorers may want to pick up a copy of the Ice Age Trail Guidebook and Ice Age Trail Atlas for more detailed information.

The Ice Age Trail Alliance loves to hear from hikers. When you finish your trip please let us know how it went! Share your trail story at iceagetrail.org/share-trail-story/. Happy Trails!





DAY 1:

HOLY HILL

Before you go

Pick up supplies in Menomonee Falls for a picnic lunch.



Hike

The Ice Age Trail segment surrounding Holy Hill features beautiful prairies and wooded areas. Hike around a kame, and see large boulders known as "erratics" which were deposited by glaciers thousands of years ago.

Lunch

Enjoy a family picnic on the grounds at Holy Hill.

Attraction

Tour the Holy Hill Shrine and Monastery. Climb the spire and you'll be rewarded with a breathtaking view of Kettle Moraine State Forest.

Dinner

Grab some grub at Bilda's Friess Lake Pub. Head east on STH-167 to the intersection of STH-167 and STH-164.

Lodging

Stay at Isadora's B&B in West Bend, or set up your basecamp at Timber Trail Campground.



FAMILY FRIENDLY

DAY 2:

GLACIAL BLUE HILLS RECREATION AREA (WEST BEND, WI)



Breakfast

Have a morning muffin at Isadora's B&B or stop at the Grasshopper Restaurant in West Bend, an Ice Age Trail Community, for breakfast.

Hike

Travel south through the Glacial Blue Hills Recreation Area, which traverses rugged terrain along moraines and ridges. Cross Park Avenue and continue on the Trail. When it intersects with Culver's Restaurant, either continue your hike from Culver's south to Ridge Run County Park (and arrange for a shuttle from the Washington County volunteer chapter), or return north to the parking area on Beaver Dam Rd.

DAY 3:

LAPHAM PEAK (DELAFIELD, WI)

Breakfast

Get a tasty snack at the West Bend Farmer's Market and take in the sights of historic downtown West Bend.

Hike

Start at the Tower and head west toward Cushing Park Road for beautiful views of prairie and grand oaks. See boulder-filled depressions created by glaciers, and learn about Increase Lapham, the father of the National Weather Service.

Lunch

Head into Delafield, another Ice Age Trail Community, and visit Water Street Brewery for tasty pub fare.

Attraction

Shop Delafield's unique local stores, and take a trip back in time at Hawks Inn Historical Society.



Lunch

Say hi to Scoopie, the Culver's mascot, and enjoy a famous butter burger. Don't forget the complimentary custard scoop that comes with a kid's meal!

Attraction

Visit the Museum of Wisconsin Art at 205 W. Veterans Ave. in West Bend, and take in works by Wisconsin artists such as Georgia O'Keefe.

Dinner

Treat the family to a fresh pie at Sal's Pizzeria at 161 N. Main Street.



Enjoy an organic evening meal at the Lumber Inn in Delafield, which offers salads, wraps, skillets, sandwiches and more.

Lodging

Stay at Pedal'rs Inn in Wales, south of Hartland on STH-83.

