

My name is Sarah Krebs and I ran and completed the entire IAT on Sunday, via Sarah's Crusade for Corey. I started on Saturday June 3rd from the western terminus in Interstate State Park at 6am, and completed my "thru-run" on Sunday July 16th at noon at the eastern terminus in Potawatomi State Park. Due to injury and life commitments, I had to take a couple pauses. I ran a total of 28 days and averaged 41 miles a day to complete the trail. I did everything with the help of my amazing family, my husband, Ben and our 2 kids, Abel & Johanna. I also had the help of several friends who came out to crew and/or run with me. I ran the whole trail in honor of our friend, Corey Wilcox, who was a fellow IAT lover, taken too soon by pancreatic cancer. I ran to raise awareness and donations for Pancreatic Cancer Action Network and the Ice Age Trail Alliance! The miles are done but the Crusade is not over! The trail was a wonderful way for my entire family to see our beautiful state! Thank you to the Alliance, all the amazing chapters and volunteers for all your hard work to make the trail what it is today! We are truly blessed to have the trail in our home state!!