



Together with the Ice Age Trail Alliance, Ice Age Trail Communities enhance appreciation and awareness of the natural and scenic beauty of the thousand-mile Ice Age National Scenic Trail. Visit our Trail Communities to enjoy small-town hospitality, local supper clubs, hometown bakeries, farm-to-table eateries, and sites highlighting Wisconsin's cultural heritage.

For current trail conditions, to connect with local volunteers, or to plan your Ice Age Trail hike, visit iceagetrail.org.

St. Croix Falls is known as the "City of Trails." In addition to the Ice Age Trail, the town features nearby access to the Gandy Dancer Trail, Woolly Mountain Bike Trail, Wisconsin Interstate State Park, the St. Croix National Scenic Riverway, and local parks as well. So much to see and do in St. Croix Falls, it's not just for day trips anymore!

Begin your journey with a stop at the [Polk County Visitor Information Center](#) – along the Ice Age Trail on Highway 35 South, visit discoverpolkcountywis.com.



WHERE TO HIKE

Unless otherwise noted, dogs are allowed on the Ice Age Trail and should be under control and leashed at all times.

ST. CROIX FALLS SEGMENT

(9 miles)

This segment highlights several outstanding features including the Western Terminus at [Interstate State Park](#), Wisconsin's oldest state park, the Dalles of St. Croix River, Hospital Esker, Ray Zillmer Park and Riegel Park.

GANDY DANCER SEGMENT

(15.5 miles)

This segment offers a relaxed stroll on level, multi-use Gandy Dancer State Trail through several Northern Wisconsin towns.

TRADE RIVER SEGMENT

(4.3 miles)

This segment highlights the Trade River and its headwaters area, which hikers will explore on serpentine boardwalks. A notable feature is the big basalt rock dropped here by the Superior Ice Lobe during the Wisconsin Glaciation.



STRAIGHT LAKE SEGMENT

(3.6 miles)

Head north to Luck, WI and explore one of Wisconsin's newest state parks: Straight Lake State Park. This segment highlights the 3,000-acre park and beautiful, pristine Straight Lake.

**A DNR state park vehicle sticker is required to enter Interstate State Park and Straight Lake State Park.*

EATS & TREATS

Grab a coffee and a morning treat at **3 Arrows Coffee Company** or **Our Place Cafe**. **Dalles House Restaurant & Lounge**, located near the Polk County Visitors' Center, offers burgers and sandwiches on the patio and full meals with a supper club feel indoors. Downtown, try a taste of India at the **Vegetarian**, or pizza at **Pizza Man**. Ice cream? Chocolate? Candy? **Valley Sweets** has it all! After your hike, sample a locally-crafted brew at **Trap Rock Brewing Company**.

SHOPS & STOPS

Great shopping downtown! **The Cobbler Shop**, **Fine Acres Market**, **Fur-Get-Me-Nots**, **La Jewelry LaDy**, **Sister's She Shop Boutique**, **Tangen Drug**, **The Unique Boutique & more!** Make a visit to **Luhrs Bjornsen Pottery & Artwork**. Also stop in at **St. Croix Chiropractic and Wellness**, because nothing beats a great massage! Enjoy a mini art gallery at the **Polk County Information Center** featuring over eight local artist.

RECREATION & RELAXATION

St. Croix Falls is a city steeped in natural beauty! View outdoor gardens and exhibits at **St. Croix National Scenic Riverway** and learn about the St. Croix River from an Interpreter outside on weekends. Make a stop downtown at the **Deputy Michael Severson Memorial Overlook Park** for outstanding views of the river and old hydroelectric dam. **Lions Park** on N. Hamilton St. offers a boat launch, picnic pavilions, and playground. **The Chateau St. Croix Winery** (modeled after a French chateau) utilizes traditional wine-making techniques. This stunning estate features vineyards, a carriage house, stables, formal gardens and more. Even dogs can visit! Visit **Baker Orchard**, a family owned orchard in Centuria, to enjoy gourmet apples and cider in a family-friendly atmosphere. Leave plenty of time to soak in the wonder of **Interstate State Park**.

For more ideas, visit: thesticroixvalley.com or discoverpolkcountywis.com.

STAY & PLAY

- Camp at **Interstate State Park!**
Two campgrounds have a total of 82 family campsites, plus 2 group sites for up to 60 people. Showers & dump station available.
- **Holiday Inn Express**
- **Amerivu Inn & Suites**



GET INVOLVED

Contact the **Indianhead Chapter** of the Ice Age Trail Alliance, a dedicated group of volunteers who build, maintain, and promote the beautiful segments of the Ice Age Trail throughout Polk County.

The chapter's "**Traprock Trekkers**" hiking program recognizes hikers who have walked all the Ice Age Trail miles in the chapter's territory in Polk County.



Adventure Awaits!

thesticroixvalley.com

